



**On behalf of County of San Mateo, Cigna is pleased to announce that we will serve as your dental carrier for the upcoming plan year. Beginning January 1, 2017, you'll be able to receive quality dental care available through the Cigna Dental PPO (DPPO) plan. Below are a few important points to remember about your plan.**

#### [Easy access to care](#)

Our national network of dentists makes it easy to protect your smile – and your health. You can choose a dental provider from one large network directory that is easily accessible and searchable online. All of the dentists in our network meet our rigorous credentialing requirements, which are based on strict national standards. We also offer online tools to help you make more informed decisions about your dental health.

#### [Your choice, your savings](#)

The Cigna Total DPPO Network provides access to the largest network of dentists contracted to discounted fee arrangements.<sup>1</sup> We have a total of 139,000<sup>2</sup> unique dentists available at 347,500<sup>2</sup> office locations. This means more convenience and greater savings for you.

#### [Added benefits for our DPPO customers](#)

The Cigna Dental Oral Health Integration Program® offers enhanced dental coverage and more for dental customers with any of the following medical conditions: diabetes, heart disease, stroke, maternity, head and neck cancer radiation, organ transplants and chronic kidney disease. There's no additional charge for the program – those who qualify get reimbursed 100% of coinsurance for certain related dental procedures and are eligible for other perks.

You can also enjoy discounts on health-related products and services through Cigna Healthy Rewards®.

#### [We're there for you – when and how you need us.](#)

After January 1, you can register for an account on [myCigna.com](http://myCigna.com). Once registered, you have access to personalized benefit information such as:

- Plan information
- Network directory of dentists
- Oral health assessments and quizzes
- Out-of-pocket dental cost estimates
- ID card information
- Claim information
- Discounts on a variety of health and wellness products and services

On the go? You can also access many of the above services with our mobile app, or you can call us 24/7 at 1.800.Cigna24 (1.800.244.6224) to speak to a live customer service representative.

At Cigna, our goal is to support you and your dental health. We provide a large network of dentists, discounted prices on quality dental care, and the tools you need to help you make informed decisions about your dental health. Welcome to Cigna DPPO. We look forward to giving you a new reason to smile.

**[Need help deciding if Cigna coverage is right for you? We invite you to call us during your enrollment period. We look forward to hearing from you.](#)**

**[For questions about Cigna coverage and enrollment, call us 24/7 at 800.244.6224.](#)**

Get the myCigna Mobile App from the App Store<sup>SM</sup> or Google Play<sup>TM</sup>



1. NetMinder. DPPO data as of March 2014, including combined reported Cigna Dental Radius Network<sup>®</sup> and Dental Network Savings Program counts of unique dentists. Data is subject to change. The Ignition Group makes no warranty regarding the performance of the data and the results that will be obtained by using.
2. January 2015 projection, as of April 2014.
3. 1. 2015 industry projection based on 2012 industry data adjusted to reflect Cigna's BOB and projected to 2015. Cigna projects to have higher net effective discounts than the industry average based on industry projections for 2015 assuming an average 2% effective discount industry growth, based on historical industry trends, and an average 4% effective discount Cigna DPPO growth from 2012-2015. \*Not including plan design.
4. Cigna Healthy Rewards<sup>®</sup> provides discounts on programs and services to help you maintain and improve your health and wellness. Discounts are available from nationally-recognized retailers for: weight management and nutrition, fitness, tobacco cessation, vision and hearing care, alternative medicine, healthy lifestyle products, and dental care. To learn more about the offered discounts, visit: [Cigna.com/healthyrewards](http://Cigna.com/healthyrewards) Password: savings

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All group dental plans and insurance policies have exclusions and limitations. For costs and complete details of coverage, see your plan documents.

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